



OFFICE OF THE CHAIRMAN PRB PHQ J&K JAMMU
(RECRUITMENT OF SIS-2016-17.)

Press Release

Subject:- Event schedule for Physical tests (PET/PST) for recruitment of Sub Inspectors in J&K Police (Kashmir Province) under TRP.

Ref. PHQ J&K Advertisement issued under endorsement No.Per-A-400 /2016/75303-403 dated 30-12-2016. & Pers-A-400 /2016/75404-504 dated 30-12-2016.

After the last date i.e. 16-02-2017 for receiving the online Application forms for the post of Sub Inspectors in J&K Police in response to above referred advertisement notices, all the Application Forms of the applicants have been processed and the Physical Endurance Test (PET) & Physical Standard Test (PST) consisting of the following events is to be commenced in Kashmir Province w.e.f. 13-05-2017

Physical Endurance Test (PET)	Long Race = 1600 meters in 6 ½ minutes for males, 1000 meters in 6 ½ minutes for females. Push ups (For male candidates only)= 20 (one cycle of up and down to be counted as one) Shotput (4 kgs) (for female candidates only) = 14 ½ feet in three attempts. The test shall be qualifying in nature and no marks are allotted for these tests.
Physical Measurement Test(PMT)	Measurement of Height and Chest. The candidates are also required to carry their original documents for scrutiny during the PMT.
Male	Female
Height = 5'-6" (Minimum) Chest = 32" (Unexpanded) 33 ½ (Expanded)	Height = 5'-2" (Mimimum)
For candidates belonging to Ladakh Region and Gorkha Community (State Subject)	
Height = 5'-4" (minimum) Chest = 32" (Unexpanded) 33 ½ " (expanded)	Height = 5' (minimum)

The candidates who successfully qualify the Physical Endurance Tests (PET) and Physical Standard Tests (PST) would thereafter be called for a multiple choice written test.

The written test would comprise of a question paper of 85 marks (Multiple choice) of two hours duration based on graduation level.

The candidates can down load their admit cards from J&K Police Website (date to be notified separately). The admit card shall provide the exact date and venue of the event. Candidates are nevertheless, advised to look out for details in the local News Papers and also regularly update themselves on J&K Police website (www.jkpolice.gov.in)

Candidates are further advised to prepare for the Physical Endurance Tests (PET) and Physical Standard Tests (PST) in the right earnest.


Chairman,

Police Recruitment Board (SIs),
PHQ J&K Jammu.

No.PHQ/PRB-24/2017/92-95
Copy to the:-

Dated. 26/04/2017

1. P.S to DGP J&K Jammu for information of the DGP.
2. All Members of PRB (SIs) for information.
3. PRO PHQ J&K for wide publicity in all leading Daily News Papers in J&K.
- ✓4. SO (IT) PHQ, J&K for uploading the same on J&K Police Website.



Press Release

Subject:- Event schedule for Physical tests (PET/PST) for recruitment of Sub Inspectors in J&K Police under TRP (Kashmir Province).

Ref. PHQ J&K Advertisement issued under endorsement No.Per-A- 400 /2016/75303-403 dated 30-12-2016 & Pers-A-400 /2016/75404-504 dated 30-12-2016.

For the recruitment of Sub Inspectors in J&K Police, advertised vide the above referenced notices, the J&K Police Recruitment Board (SIs) has formulated the schedule detailed in **Annexure-A** to this notice, for conduct of Physical Endurance Tests (PET) and Physical Standard Tests (PST) in respect of candidates belonging to Kashmir Province. All applicants conforming to the prescribed educational, Physical and other required standards as per the advertisement issued on the subject, are advised to strictly follow the scheduled date/time and also ensure compliance of the instructions given in the admit cards and reproduced hereunder as well . The candidates shall bring along the admit cards downloaded by them and also produce the original Testimonials in support of their qualification/age/PRC/ reserved category etc on the given date/time. Candidates are advised to reaffirm that they meet the required physical and other standards before participating in the physical endurance and other tests. Any candidate who participates in these events knowing that he/she is short of the eligibility criteria or on account of some inadvertent man/machine error but is found ineligible at the time of Physical Measurement Test/age bar, at the time of checking of original certificates, he/she shall do so solely at his /her own peril and the PRB shall have no responsibility for any such eventuality. The candidates are advised to stick to the published schedule for each Range and the candidates should report at the particular venue earmarked for each Range .The schedule of PET/other tests for candidates belonging to Jammu Province shall be published separately. All concerned are advised to take notice accordingly.


Chairman,

**Police Recruitment Board (SIs),
PHQ, J&K Jammu.**

Dated. 27/04/2017.

No.PHQ/PRB-24/2017/97 100

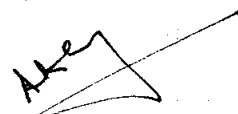
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ANNEXURE-A

SCHEDULE FOR CONDUCT OF PET/PST (RANGE LEVEL) FOR THE CANDIDATES OF KASHMIR PROVINCE WHO HAVE APPLIED FOR THE POST OF SUB INSPECTORS IN J&K EXECUTIVE/ARMED POLICE & TELECOM WING UNDER TRP FOR THE YEAR-2016-17

RANGE	DISTRICT	TOTAL NO OF CANDIDATES APPLIED	DATE	NO OF CANDIDATES TO APPEAR DATE WISE	NO OF DAYS	VENUE
CKR	SRINAGAR	2929+315 =3244	13-05-2017	1544	02 DAYS	BAKSHI STADIUM SRINAGAR
			14-05-2017	1700		
	BUDGAM	3965+128 =4093	15-05-2017	2000	02 DAYS	
			16-05-2017	2093		
	GANDERBAL	1929+57 =1986	17-05-2017	1986	01 DAY	
	NKR	BARMULLAH	4938+135 =5073	21-05-2017	2473	
22-05-2017				2600		
BANDIPURA		1891+30 =1921	23-05-2017	1921	01 DAY	
KUPWARA		4076+64 =4140	24-05-2017	2040	02 DAYS	
			25-05-2017	2100		
SKR	ANANTNAG	4963+158 =5121	03-07-2017	2500	02 DAYS	HIGH GROUND ANANTNAG
			04-07-2017	2621		
	KULGAM	2850+52 =2902	05-07-2017	1402	02 DAYS	
			06-07-2017	1500		
	PULWAMA	3266+153 =3419	08-07-2017	1519	02 DAYS	
			09-07-2017	1900		
	SHOPIAN	1651+53 =1704	10-07-2017	1704	01 DAY	
	CKR	LEH	1071+18 = 1089	17-07-2017	1089	
KARGIL		995+24 =1019	18-07-2017	1019	01 DAY	
TOTAL		35711		35711	19 DAYS	


 Addl. Director General of Police,
 Chairman Police Recruitment Board (SIs),
 PHQ, J&K Jammu.

IMPORTANT INSTRUCTIONS TO THE CANDIDATES

1. Your admission to the Physical Endurance Test (PET) venue will be subject to production of the call letter/admit card which can be download from J&K Police Website, the candidate will be allowed to appear only at the Venue, date and time allotted to him/her through Admit Card. No request for changing the date, time or Venue of PET will be entertained under any circumstances.
2. You should be present at the PET Venue at least half an hour before the reporting time of the Test. Candidate(s) reporting late shall not be permitted for PET.
3. No repeat/ second chance/relaxation in standard for PET will be given under any circumstances, similarly there will be no re-adjustment of Venue or date.
4. J&K Police Recruitment Board (SIs) will not be liable/responsible for any loss/injury/damage, whether direct or consequential, suffered by any candidate during PET, Candidates are advised in their own interests that they must be physically and otherwise fit to undertake the PET and observe due care to avoid injury/damage/loss to either themselves or otherwise during the process of PET.
5. There are no regulations for dress/shoes etc, for PET. Candidates are advised to wear dress/shoes etc, which they find most comfortable for the PET.
6. Candidates are required to make their own arrangements for Travelling/Boarding/Lodging/Belongings etc. . Use of Mobile Phone during PET is strictly prohibited. No claim for TA/DA to attend tests is permissible to any category in any condition.
7. The call letter/admit card is only a permission to appear for the PET. Issue of the admit card is in no way indicative that J&K PRB is otherwise satisfied with details and documents of candidate and does not give any claim to the candidate to any appointment whatsoever in J&K Police.
8. The decision of the J&K PRB or officer nominated on behalf of J&K PRB with regard to any issue concerning PET shall be final and binding.
9. The Candidates are advised to come along with their original testimonials on the scheduled date for scrutiny of the documents. No under process claim shall be entertained while checking the documents.


Chairman,

Police Recruitment Board (SIs)
PHQ, J&K Jammu.